

**Christina Antoniadou, MMus,
LRAM, ARAM, DipGRST**

Soundquest

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Christina Antoniadou is a professional musician soloist, specializing in organ performance and sound therapy. She is a member of the International Therapeutic Sound Association (UK) and the International Association of Sound Therapy (USA) as well as an elected fellow of the Royal Academy of Music in London (ARAM). She founded and runs Soundquest, which specializes in providing sound therapy services and relaxation for groups in person and online.

Academic expertise

Graduate of the Royal Academy of Music in London, the University of London and the Royal Conservatory of Scotland with MMus, LRAM, ARAM.

Graduate of the British Academy of Sound Therapy with DipGRST and emphasis on relaxation through sound for groups and certified First Aid provider.

Music Experience

She is an organ soloist and has performed in recitals and concerts in Europe and Africa. She founded Soundquest which provides live and online sound baths to relaxation groups as well as online individual sound therapy programs, based on the British Academy of Sound Therapy's 5Rs Experiential Processing model. She worked as a musician for over 15 years in education in international British and private schools. She founded and directed for

18 years the award-winning pan-European Spring Organ Series festival while dealing with the organization and coordination of artistic events. She is a graduate of e-learning programs of the National and Kapodistrian University of Athens in the fields of Film Therapy, Photography, Special Education and Creative Writing. She has published her short stories at Vaxxikon Publications in 2022 and 2023. He is a member of the Japanese drum band Atene Daiko-The Drums of the Sun.